

SOCIAL SCIENCES AND THE HUMANITIES

Family Studies

Food and Nutrition, Grade 10

(Open)

HFN2O

This course explores the factors that affect attitudes and decisions about food, examines current issues of body image and food marketing, and is grounded in the scientific study of nutrition. Students will learn how to make informed food choices and how to prepare foods, and will investigate our Canadian food heritage and food industries, as well as global food issues. The course also introduces students to research skills related to food and nutrition.

Living and Working With Children, Grade 11 (College Preparation)

HPW3C

This course focuses on the well being of children in families and community settings. Students will study child behaviour and child development in the context of relationships with parents and others in the community, and will learn through research and by observing and interacting with children. This course prepares students for further study of children, familiarizes them with occupational opportunities related to working with children, and introduces them to skills used in researching and investigating children's behaviour in response to others.

Managing Personal Resources, Grade 11

(Workplace Preparation)

HIP3E

This course prepares students for living independently and working successfully with others. Students will learn to manage their personal resources (including talent, money, and time), to develop interpersonal skills, and to understand economic influences on workplace issues, in order to make wise and responsible personal and occupational choices. The course emphasizes the achievement of expectations through practical experiences and introduces students to skills used in researching and investigating resource management.

Parenting, Grade 11

(Open)

HPC3O

This course focuses on the skills and knowledge needed to promote the positive and healthy nurturing of children, with particular emphasis on the critical importance of the early years to human development. Students will learn how to meet the developmental needs of young children, communicate and discipline effectively, and guide early behaviour. They will have practical experiences with infants, toddlers, and preschoolers, and will learn skills in researching and investigating questions relating to parenting.

Individuals and Families in a Diverse Society, Grade 12 (University/College Preparation) HHS4M

This course applies current theories and research from the disciplines of anthropology, psychology, and sociology to the study of individual development, family behaviour, intimate and parent-child relationships, and the ways in which families interact within the diverse Canadian society. Students will learn the interpersonal skills required to contribute to the well-being of families, and the investigative skills required to conduct and evaluate research about individuals and families.

Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies.

SOCIAL SCIENCES AND THE HUMANITIES

Food and Nutrition Sciences, Grade 12 (University/College Preparation) HFA4M

This course examines various nutritional, psychological, social, cultural, and global factors that influence people's food choices and customs. Students will learn about current Canadian and worldwide issues related to food, frameworks for making appropriate dietary choices, and food-preparation techniques. This course also refines students' skills used in researching and investigating issues related to food and nutrition.

Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies.

Parenting and Human Development, Grade 12 (Workplace Preparation) HPD4E

This course prepares students for occupations involving older children, and for the responsibility of parenting, with emphasis on school age and adolescent children. Students will learn, through practical experience in the community, how early child development affects later development, success in school, and personal and social well being throughout life, and how children and parents change over time. This course also develops students' skills in researching and investigating various aspects of parenting and human development.

General Social Science

Introduction to Anthropology, Psychology, and Sociology, Grade 11 (University/College Preparation) HSP3M

This course introduces the theories, questions, and issues that are the major concerns of anthropology, psychology, and sociology. Students will develop an understanding of the way social scientists approach the topics they study and the research methods they employ. Students will be given opportunities to explore theories from a variety of perspectives and to become familiar with current thinking on a range of issues that have captured the interest of classical and contemporary social scientists in the three disciplines.

Challenge and Change in Society, Grade 12 (University/College Preparation) HSB4M

This course examines the theories and methodologies used in anthropology, psychology, and sociology to investigate and explain shifts in knowledge, attitudes, beliefs, and behaviour and their impact on society. Students will analyse cultural, social, and biological patterns in human societies, looking at the ways in which those patterns change over time. Students will also explore the ideas of classical and contemporary social theorists, and will apply those ideas to the analysis of contemporary trends.

Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies.

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Philosophy

Philosophy: Questions and Theories, Grade 12 (University Preparation)

HZT4U

This course addresses three (or more) of the main areas of philosophy: metaphysics, logic, epistemology, ethics, social and political philosophy, and aesthetics. Students will learn critical-thinking skills, the main ideas expressed by philosophers from a variety of the world's traditions, how to develop and explain their own philosophical ideas, and how to apply those ideas to contemporary social issues and personal experiences. The course will also help students refine skills used in researching and investigating topics in philosophy.

Prerequisite: Any university, university/college, or college preparation course in social sciences and humanities, English, or Canadian and world studies

RELIGION

Religious Education, Grade 9

(Open)

HRE10

The primary text for this course is *Be With Me*. Using the Christian metaphor of “call” and the archetype of “journey”, this course invites students into a conversation between their own story and the lived story of the Christian community. With eyes of faith, students will gaze through a lens filtered by Scripture, Profession of Faith, Christian Moral Development, Prayer, Sacramental Life, and Family Life in order to examine the attitudes and actions that characterize the Christian life, particularly in the areas of interpersonal relationships and sexuality. Students develop their understanding of Gospel values while actively engaging in a variety of challenging educational activities.

Religious Education, Grade 10

(Open)

HRE20

This course examines the relationship between the person and message of Christ and the dominant attitudes of contemporary culture. Central to this course is the sacramental nature of Jesus and through His incarnation, the sacramentality of the Catholic Church, persons, and all of creation. Beginning with students' own life experiences, seen in light of the Gospel narratives, students acquire a deeper and more systematic knowledge of Christ, his message, and his Church. Connections between the Church and contemporary culture are explored in terms of what it means to be a responsible adolescent developing as a member of a Catholic, Christian community while living within the context of a secular society. In the Family Life Education strand, students explore a variety of topics related to the themes of person-hood, interpersonal relationships, and sexuality. Students have the opportunity to experience first-hand the call and response to Christian Community Service.

SOCIAL SCIENCES AND THE HUMANITIES

RELIGION

World Religions: Beliefs, Issues, and Religious Traditions, Grade 11 (University/College Preparation)

HRT3M

World Religions introduces students to the various expressions and responses to humanity's encounter with mystery in our quest for life's meaning. The course explores the life wisdom found in the responses of the major faith traditions to the compelling questions concerning the spiritual dimension of human experience, self-understanding, and the role of the individual within the family. In the Family Life Education strand, students explore a variety of topics related to the themes of personhood, family relationships, and sexuality. Its purpose is to familiarize students with the language of religious discourse and to develop their awareness of the place and function of religion in human culture. This exploration can lead students to a more authentic adherence to their religious tradition and a deeper commitment to the Catholic faith. It can help to break down prejudices and misconceptions about other religious traditions and, at the same time, strengthen and affirm the students' own search for answers to life's meaning. This course enables students to discover what others believe and how they live, and to appreciate their own unique heritage. Students will learn about the teachings and traditions of a variety of religions, the connections between religions and the development of civilizations, the place and function of religion in human experience, and the influence of a broad range of religions on contemporary society. This course also introduces students to skills used in researching and investigating world religions.

World Religions: Beliefs and Daily Life, Grade 11 (Open)

HRF3O

This course introduces students to the range and diversity of world religions, and examines how systems of belief affect individual lives and social relationships. Students learn about a variety of religious beliefs, teachings, traditions, and practices. Through this discovery students develop their awareness of the place of religion in the lives of their neighbours as well as a more authentic understanding and a deeper commitment to their own faith tradition. This course helps break down misconceptions and prejudices regarding the other religious traditions. Students develop skills used in researching and investigating topics related to world religions. This course draws on expectations outlined in both the Social Sciences and Humanities and the Institute for Catholic Education policy document. This Open course is designed to broaden students' knowledge and skills in subjects that reflect their interests and to prepare them for active and rewarding participation in society.

Church and Culture: In Search of the Good, Grade 12 (University/College)

HRE4M

This course is directed toward the clear identification of Catholic ethics and the concrete application of these principles in the lives of students. The course proceeds from foundational beliefs rooted in Philosophy and Revelation. Notions of happiness and freedom are explored. Further issues in social justice, ecology, mercy, marriage, family and politics are addressed. This course is intended to prepare the senior student for the lifelong task of living a good life in dialog with the larger culture. In the Christian Service component, students will have an opportunity to reflect on a portion of the 40 hours of required community involvement.

SOCIAL SCIENCES AND THE HUMANITIES

RELIGION

Church and Culture, Grade 12

(Open)

HRE40

This course assists students in their development of the skills and knowledge necessary to live lives of full maturity. Within the Catholic faith tradition it is believed that this growth towards human maturity is best served when students are able to define themselves authentically in relation to their God, to other people and to their world. In the Family Life Education strand, students explore a variety of topics related to the themes of personhood, interpersonal relationships, and sexuality. Students will demonstrate a knowledge of the prophetic tradition in Scripture, become familiar with the social teachings of the Catholic Church, explore contemporary notions of spirituality and prayer, and recognize the importance, power and potential of the human person in relation to morality and personal choices concerning future life paths. This course enables students to explore the moral principles of the Church and how these principles relate to them as individuals, and to contemporary culture as a whole. Students explore the role played by the Christian Scriptures, prayer, ritual, and the sacraments as they discern and live out their Christian vocation in their lives. This course also introduces students to skills used in researching and investigating contemporary moral issues and the guiding principles and teachings of the Roman Catholic Church